

Live without fear

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With all the fear circulating in public thought about the coronavirus, it might be tempting to start feeling fearful oneself. But this is not necessary!

Just because someone else is afraid, doesn't mean we need to be afraid.

We can stay calm, poised, in control, and filled with dominion and confidence that safety prevails under God's government.

As the Bible reminds us, **“God is our refuge and strength, always ready to help in times of trouble”** ([Psalm 46:1, NLT](#)).

With God at hand, we need never be afraid.

Wherever we go, whatever we do, God is there first. Understanding God's omnipresence and omnipotence protects one from contagious diseases.

Living without fear does not mean living in ignorance. It means to know God's presence, to express God's presence, and to demonstrate good health under God's care. A knowledge of God's almighty power preserves health and keeps one safe.

So, resist popular temptation to live in fear. Stay above the fray. Abide in a consciousness of God's allness. Remain spiritually poised, peaceful and calm.

Live without fear.

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