

Conquer fear of the coronavirus

May 5, 2020 | [46 comments](#)



A reporter asked Mary Baker Eddy the question, **“Do you reject utterly the bacteria theory of the propagation of disease?”** She replied, **“Oh,”** with a prolonged inflection, **“entirely. If I harbored that idea about a disease, I should think myself in danger of catching it”** (*Miscellany, p. 344*).

As Christian Science explains, it’s not a virus that transmits disease from one person to another, but beliefs associated with it. If the beliefs are neutralized with spiritual truth, the virus is rendered harmless. This is what Eddy knew and understood.

We can prove the same in our lives. We do not have to live in fear of the coronavirus. Spiritual truth renders it utterly harmless.

To protect yourself, know the omnipotence of God. Know that there is only one power affecting your life and health—the power of God, good, alone.

Stay clear that because matter possesses no intelligence, a virus has no intelligence. The coronavirus does not plot, plan, execute or cause anything to happen. It is mindless, lifeless, causeless and harmless.

Wherever you go, see the omnipresence of Love ahead of time. Know that you walk in the omnipresence of Love where there are only conditions and circumstances of Love to greet you at every corner.

See all the people you meet as washed clean in Truth and Love. Know that they can only bring God's holy presence into your experience. There are no carriers for evil anywhere, anytime, anyplace. There is only the presence of Truth and Love to know and experience.

God never created a harmful virus for us to fear. God created a Life of Truth and Love to experience to the fullest! Be sure to live it.

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