

# A Blessing for Nurses

May rest find you,

In the peaceful moments when all is still,

In the quiet times when you pause

And breathe.

May rest find you

In the chaos of the moment

In the sorrow you seek to heal.

May rest strengthen and bless you.

May it fill your spirit

And give you unearned joy.

May you find rest in the care of others,

In the knowledge of your worth,

In the value of your service.

May the One who gives rest

Bless you and hold you close.

And may you, in your very being,

Be a place of rest for others.

Amen.

