

"The Sun Will Shine Again": A Covid 19 Musical Meditation

By Cantor Elizabeth Sternlieb

The Sun Will Shine Again



A musical meditation to address the isolation of COVID-19. Remember to breathe and stay in the moment if you can, as I am sending all my light out to you in hope and healing.

Psalm 142:8 says *Hotziah mi-masger nafshi l'hodot et shemekha*. Bring my soul out of prison that I may give thanks to your name.

Chords and Lyrics for "The Sun Will Shine Again"

by Elizabeth Sternlieb 2020

D sus 4 D

Take a breath....The day will come

D sus 2 D

Take a breath....when we will be free again.

G D

Imagine rays of sunshine breaking through clouds

G A Bm C D sus (D)

feel the warmth of healing light upon you

D G

Take a breath...prepare to carry on.

D G

take a breath....reach out to those you love

G2 D

Stay centered through shadows and rain

G2 G2 A2 D

summon all your courage, summon all you strength. The sun will shine again

D A

*Sh'ma koli...*hear my voice

D E

Tain li ometz... give me courage

D F#m

*Sh'ma t'filati...*hear my prayer

D A

*Tain li koakh...*give me strength

Am d

*L'hakhazir et rukhi...*return my spirit

AM d

*Shuvah nafshi....*restore my soul

F Am

Keep us in health, keep us in wholeness

F A

Hold us in love, hold us in peace...

Many thanks to Brian Gelfand and Beth Styles.

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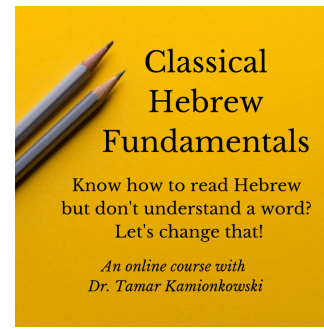
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