

UNCATEGORIZED

Providing Resources and Comfort During This Crisis

April 23, 2020

By Jay Sanderson, President & CEO

We hope that you and your family are healthy and safe. This crisis has affected many of us on a deeply personal level. Our Federation is here to provide resources and comfort when you and our entire community need it most.

The following are just a few of the impactful strategies and programs we are implementing. We welcome your participation and ask that you please share them with anyone you know who may benefit.

An Extraordinary Virtual Celebration for Yom Ha'Atzmaut (Israel Independence Day)

On April 29th, join our Federation as we partner with JAFI and JFNA for a worldwide, first-of-its-kind — and completely free! — celebration of Israel's 72nd Independence Day. Join celebrity guests like The Brothers Platt — Ben, Henry, and Jonah; Joshua Malina; Chef Adeena Sussman; and Matisyahu, with voices from across the world, for this extraordinary, one-hour Facebook Live event. Then participate in a day of programming — all planned by top organizations from across North America and around the world — on the theme of “What Israel Means to Me. What Israel Means to Us.”

Learn more and register here. (<https://jewishfederations.org/calendar/2-pm-a-global-celebration-on-israels-independence-day-348805>)

The Jewish Federation's Community Call Line

If you or someone you know needs access to social services including financial assistance, please contact our Community Call Line at (323) 761-8305.

NuRoots Ask Adva

What has changed since we last spoke with Dr. Adva Gadoth, an infectious disease epidemiologist at UCLA and NuRoots community member? Join NuRoots, our Federation's Young Adult Initiative, for a follow-up conversation on the evolving status of COVID-19 in L.A. and beyond.

Monday, April 27th, at 7:00 PM via Zoom

Register here. (<https://zoom.us/meeting/register/tJOoduuuqTgqHNXBmoKoPD71DIKGx-LUGi4y>)

If you missed Part 1, you can catch up here (<https://vimeo.com/399226009>).

To Ask is To Grow: Staying Spiritually Balanced and Physically Nourished in Difficult Times

Questioning is at the heart of Jewish life. Asking questions is essential to learning, because it teaches us not what we know, but what we do not know. To ask is to grow. We invite you to join Spiritual Philosophy Instructor Glen Callahan and Wellness Coach/Acupuncturist Nathalie Shapiro Callahan for a session that will unearth your questions about stress, emotional and physical health, the mind, relationships, and the nature of life itself. Through Jewish spirituality, Vedanta philosophy, and health and wellness tools, we will seek a return to a state of mental balance and explore how to live a healthy and vibrant life in challenging times.

Wednesday, April 29th, at 6:00 PM via Zoom

Register here.

(https://zoom.us/meeting/register/tJYlceutqD4qGdO_Q2JxdTtoSxMghnPWTqMn)

Virtual Activities and Community Through PJ Library in LA

We know parents of young children are in an especially challenging predicament right now, and our PJ Library program is here to help! With no school and limited, if any, physical interaction with other children and families, we know the value of keeping your kids educated and entertained (even better, simultaneously!). Visit our website today (https://jewishla.org/#pj_library_homepage) for daily offerings of fun ways to help navigate this new reality.

We are intensifying our efforts to care for our most vulnerable and strengthen our community — but we urgently need your support. We rely on you so our community can rely on us.

We need you so we can continue to do what we have done for the last 110 years — care for our fellow Jews in need and ensure our Jewish future.

DONATE ([HTTPS://4249LA.BLACKBAUDHOSTING.COM/COVID-19-WB](https://4249LA.BLACKBAUDHOSTING.COM/COVID-19-WB))

We are here with you and ready and prepared to get through this together.

Best wishes for continued good health,

Jay Sanderson
President & CEO

← PREVIOUS POST ([HTTPS://WWW.JEWISHLA.ORG/THE-JEWISH-FEDERATIONS-2020-SEDER-PLATE/](https://www.jewishla.org/the-jewish-federations-2020-seder-plate/))

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[Tour de Summer Camps \(9th annual\) – 2021 \(/event/tour-de-summer-camps-2021/\)](/event/tour-de-summer-camps-2021/)

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