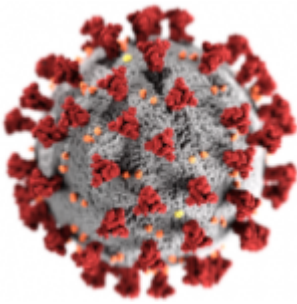


Coronavirus – precautions



The situation regarding the Coronavirus (COVID-19) continues to change at an alarming rate.

Coronavirus is spread through coughing, sneezing or having close contact (such as shaking hands or kissing) a person who is infected.

At Mosaic we are taking precautions to minimise the possible risk of infection.

- Additional soap is available in the toilets and you are encouraged to wash your hands when you arrive and particularly before kiddush
- In addition to hand washing, disposable gloves are being worn by all those connected with the preparation of food
- If you feel unwell or are self-isolating, the [Reform](#) and [Liberal](#) services are being streamed (click the links for details) to enable you to join our services from your home
- Please do not be offended if some congregants do not shake hands (or kiss!) during this period
- Remember the NHS advice – **catch it, bin it, kill it!**

Some links that you might find useful:

[NHS advice on Coronavirus](#)

[NHS 111 Coronavirus Online](#)

[Coronavirus self-isolating advice](#)

How to avoid catching or spreading coronavirus

- **wash your hands** with soap and water often – do this for at least 20 seconds
- always **wash your hands** when you get home or into work
- use **hand sanitiser gel** if soap and water are not available
- **cover your mouth and nose** with a tissue or your sleeve (not your hands) when you cough or sneeze
- **put used tissues in the bin** straight away and wash your hands afterwards
- try to **avoid close contact** with people who are unwell
- **do not touch** your eyes, nose or mouth if your hands are not clean

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