



JEWISH FAMILY SERVICES

A rich history of changing lives.

COVID SUPPORT GROUP

Rapid changes resulting from COVID-19 have left many feeling isolated, confused, frustrated, and uncertain. If you would like to connect with others in the community, get some new ideas for building resilience, and talk through concerns related to COVID-19, please join us in this virtual support group. We will share experiences, challenges, and coping tools in a safe, welcoming, and confidential space facilitated by two Jewish Family Services clinicians.

**Attend as many, or as few sessions as you like
On Zoom, Wednesday evenings at 5:30 pm
Beginning June 3, 2020**

Register anytime: <https://bit.ly/JFSGroup>

JEWISHCOLUMBUS

Free to participants. With the support of JewishColumbus.

jpscolumbus.org (614) 231-1890 accesspoint@jpscolumbus.org

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in Timeline Photos



Jewish Family Services

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Would you like to connect with others, get some new ideas for building resilience, and talk through concerns related to COVID-19?

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Beginning June 10, 2020

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Free to participants. With the support of [JewishColumbus](#)

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Sheila Camden We're in this together

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