

SHABBAT PROGRAM

MARCH 20-21, 2020 / 25 ADAR 5780
PARASHAT VAYAK'HEIL-P'KUDEI

וַיָּבֹאוּ כָּל-אִישׁ אֲשֶׁר-נִשְׂאוֹ לְבוֹ וְכֹל אֲשֶׁר נָדְבָה רוּחוֹ אֹתוֹ הֵבִיאוּ אֶת-תְּרוּמַת ה' לְמַלְאכַת אֹהֶל מוֹעֵד
וּלְכָל-עֲבֹדָתוֹ וּלְבִגְדֵי הַקֹּדֶשׁ:

"And everyone who excelled in ability and everyone whose spirit was moved came, bringing to the Eternal an offering for the work of the Tent of Meeting and for all its service and for the sacral vestments." (*Exodus 35:21*)



CBST Welcomes Our Hebrew-Speaking Guests!

ברוכים וברוכות הבאים לקהילת בית שמחת תורה! קהילת בית שמחת תורה מקיימת קשר רב שנים ועמוק עם ישראל, עם הבית הפתוח בירושלים לגאווה ולסובלנות ועם הקהילה הגאה בישראל. אנחנו מזמינים אתכם לגלות יהדות ליבראלית גם בישראל! מצאו את המידע על קהילות רפורמיות המזמינות אתכם לחגוג את סיפור החיים שלכם בפלאיירים בכניסה. לפרטים נוספים ניתן לפנות לרב נועה סתת: noa@irac.org

- [A healing prayer from Joyce Rosenzweig & Cantorial Intern David Fair](#)
- [Rabbi Kleinbaum's thoughts on "Spiritual Lessons for Today's Plague"](#)

“The CBST community knows what it takes to live through a plague. Love and compassion and support are at the center of survival. Remember to be kind and generous while being cautious and vigilant about staying healthy and keeping others safe. We will continue being a powerful spiritual community of resistance and love. May the Holy One surround you and your loved ones and give you strength and comfort as we face the uncertainty of the times we are in. Be the reason people have faith in the goodness of others.”

—**Rabbi Sharon Kleinbaum**

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OPENING PRAYERS AND MEDITATIONS

	נגון	Niggun
30	הנה מה טוב	Hineh Mah Tov
38	הדלקת נרות של שבת	Candle Blessing
40	שלום עליכם	Shalom Aleichem

הקנת הלב

Bratslav Chasidim
Moshe Jacobson (Born 1921)
Abraham Wolf Binder (1895-1967)
Israel Goldfarb (1879-1956)

KABBALAT SHABBAT/WELCOMING SHABBAT

52	לכו נרננה (תהלים צה)	L'chu N'ran'nah (Psalm 95)
60	רוממו (תהלים צט)	Rom'mu (Psalm 99)
62	מזמור לדוד (תהלים כט)	Mizmor L'David (Psalm 29)
66	לקה דודי	L'chah Dodi (Shlomo Alkabetz)
72	טוב להדות (תהלים צב)	Tov L'hodot (Psalm 92)

קבלת שבת

Reuben Sirotkin (Born 1933)
Craig Taubman (Born 1958)
Shlomo Carlebach (1926-1994)
Yoel Sykes (Born 1986)
Moshe Laufer
Ken Chasen (Born 1965)

MA'ARIV/THE EVENING SERVICE

78	ברכו	Bar'chu
80	המעריב ארבים	Hama'ariv Aravim
86	אהבת עולם	Ahavat Olam
88	שמע ישראל	Sh'ma Yisrael
89	ואהבת	V'ahavta
94	מי כמכה	Mi Chamochah
98 & Program	השכיבנו	Hashkiveinu
102	ושמרו	V'shamru
104	חצי קדיש	Chatzi Kaddish
106	עמידה	Silent Amidah
		Sinfonia 11
118	עשה שלום	Oseh Shalom
133	מי שברך	Mi Shebeirach
136	ברכת החדש	Blessing of the New Month
Program	תפלה למדינה	Prayer for Our Country
138	קדיש שלם	Kaddish Shalem

מעריב

Nusach
Nusach
Debbie Friedman (1951-2011)
Salomon Sulzer (1804-1890)
Torah Cantillation (Trope)
Richard Silverman (Born 1942)
Yoshi Zweiback (Born 1969)
Moshe Rothblum (Born 1944)
Nusach
Johann Sebastian Bach (1685-1750)
Jeff Klepper (Born 1954)
Debbie Friedman (1951-2011)
Improvisation
Nusach

DRASHAH: RABBI SHARON KLEINBAUM : דרשה

140	עלינו	Aleinu
150	קדיש יתום	Mourner's Kaddish
Program	גשר צר מאד	Gesher Tzar M'od
156	קידוש	Kiddush

Salomon Sulzer (1804-1890)
Baruch Chait (Born 1946)
Louis Lewandowski (1821-1894)

This Week's Shabbat Services

Friday, Mar. 20/25 Adar: Kabbalat Shabbat, 6:30 pm [LIVESTREAM ONLY]
Ba'al Tefillah: Cantorial Intern David Fair
Piano: Music Director Joyce Rosenzweig
Service Leader & Drashah:
Rabbi Sharon Kleinbaum

**Saturday, Mar. 21/25 Adar
Shabbat Morning—Services Cancelled**

8:00 pm: Aleinu Havdalah Google Hangout (20s & 30s)

COMPOSER FEATURE

Baruch Chait is an Orthodox rabbi, musician, and composer, and the [Rosh Yeshiva](#) of the Israeli Haredi high school [Maarava Machon Rubin](#). Since the late 1960s, Chait has composed hundreds of religious songs with wide popularity & appeal. Two of his most noted compositions are *Gesher Tzar M'od* & *Mi Ha'ish*. He founded several bands including [The Rabbis' Sons](#) and [Kol Salonika](#), & has created dozens of recordings.

Hashkiveinu / השכיבנו

Music by Rabbi Yoshi Zweiback // “Shelter Us” music and original lyrics by Larry Jonas

השכיבנו ה' א-ל-הינו לשלום, והעמידנו מלכנו לחיים ופרוש עלינו סבת שלומך. אמן

Hashkiveinu Adonai eloheinu l'shalom, v'ha-amideinu malkeinu l'chayim.

Ufros aleinu sukat sh'lomecha,

Shelter us beneath thy wings, O Adonai;

Guard us from all harmful things, O Adonai;

Keep us safe throughout the night;

Till we wake with morning's light;

Teach us, God, wrong from right. Amen.

Gesher Tzar M'od

Lyrics: Rabbi Nachman of Breslov

Music: Rabbi Baruch Chait

Kol ha'olam kulo gesher tzar m'od

Veha'ikar lo l'fached klal.

כל העולם כולו גשר צר מאד

והעיקר לא לפחד כלל

The whole world is a very narrow bridge.

And the main thing is to not be afraid...

Refuah Shleimah – Healing Prayers

Ester bat Bryna Sima	Reuven ben Tzvi HaLevi	Howard Leader
v'Abraham	Chaim ben Yehoshua	Jane Leader
Blooma bat Sarah	v'Sarah-Dina	Victoria Marks
Benyamin ben Chana	Diane Leader	

We include in our prayers the almost 14,000 immigrant children in US custody, most of whom are separated from their families.

This list is for those with acute illness. Any member can submit their name for one-month inclusion. We only print names of members who have consented. You may say any name aloud during the healing prayer. If you or a CBST member you know is ill & would like support, contact cbstoffice@cbst.org. We're here for you.

Yortzeits 25 Adar to 2 Nisan 5780

Members memorialized on the Wine Family Sanctuary Memorial Wall

Giovanni Forte	Larry Lercher	Robert Rothleder
Otto Grun Jr.	Harvey Mesnikoff	

Family & Friends memorialized on plaques on the Kuriel Chapel Memorial Wall

Melvin Blake	Edward Mills	Benjamin Siegel
Josephine Gould	Sam Mizrahi	Vivian Sloan Honig
Helen Gursky	Evelyn Nathan	Marie Spahn
Alexander Kohn	Billie Oxenhirt	Solomon Strickler
Rae Kosow	Hyman Sebolsky	
Harry Lai	Morris Shapiro	

Condolences

The CBST community extends condolences to mourners among us:

CBST members Andy and Patty Katz on the death of their mother, Doris Lee Katz, z"l, who died March 14 at age 91.

CBST members Stefanie Siegmund, Karen Krop, & Daniel and Eli Krop-Siegmund on the death of Stefanie's mother, Joanne Halperin Siegmund, z"l, who died Mar. 18 at age 80.

CBST members Ira Rosenblum and Kenneth Karpel on the death of Ira's cousin, David Siegal, z"l, who died March 19, in Marin County, California, at the age of 76.

May God comfort you among all who mourn. We pray for peace.

PRAYER for OUR COUNTRY Rabbi Ayelet Cohen

Our God and God of our ancestors,
bless this country and all who dwell within it.
Help us to experience the blessings of our lives and circumstances,
To be vigilant, compassionate, and brave.
Strengthen us when we are afraid,
Help us to channel our anger, so that it motivates us to action.
Help us to feel our fear, so that we do not become numb.
Help us to be generous with others, so that we raise each other up.
Help us to be humble in our fear,
knowing that as vulnerable as we feel,
there are those at greater risk, and
that it is our holy work to stand with them.
Help us to taste the sweetness of liberty,
To not take for granted the freedoms won
in generations past or in recent days.
To heal and nourish our democracy,
that it may be like a tree planted by the water
whose roots reach down to the stream;
it need not fear drought when it comes,
its leaves are always green (Jeremiah 17:8).

Source of all Life,
Guide our leaders with righteousness,
Strengthen their hearts, but keep them from hardening.
That they may use their influence and authority to
speak truth and act for justice (Isaiah 16:3-5).
May all who dwell in this country
share in its bounty, enjoy its freedoms,
and be protected by its laws.
May this nation use its power and wealth
to be a voice for justice,
peace, and equality for all who dwell on earth.
May we be strong and have courage
To be bold in our action and deep in our compassion,
To discern when we must listen and when we must act,
To uproot bigotry, intolerance, misogyny, racism,
discrimination, and violence in all its forms,
To celebrate the many faces of God reflected
in the wondrous diversity of humanity,
To welcome the stranger and the immigrant
and to honor the gifts of those who seek refuge
and possibility here, as they have since
before this nation was born.
Let justice well up like waters, and righteousness
like a mighty stream (Amos 5:24)

אלוהינו ואלוהי אבותנו ואמותינו. ברך את ארצנו ואת כל
היושבות והיושבים בה
יחד לבבנו להודות לך על חיינו ועל הזמן הזה
להיות דרוכות, אמיצים, ומלאי חמלה.
חזקנו וחזק ידנו כאשר אנו אחוים בפחד
סייע בידנו לנתב את כעסנו לידי מעשה
חזק לבבנו לחוש את מלוא הפחד שלנו
כדי שלא נהפוך לאדישות
סייע לנו להשפיע נדיבות על אחרים כדי שנרים זה את זה.
סייע לנו להיות צנועות בפחד, כדי שנדע כי גם כשאנו מרגישים פגיעות,
יש אחרות, הנמצאות בסכון גבוה אף יותר, וזוהי חובתנו הקדושה להיות
עמו.

ברכנו בטעם המתוק של החופש
כדי שנשכיל להעריך את החופש לו זכינו בדורות קודמים ובעת הזו
לרפא ולחזק את הדמוקרטיה שלנו שתהיה כְּעֵץ שְׁתוּל עַל-מַיִם, וְעַל-
יּוֹבֵל יִשְׁלַח שָׂרְשָׁיו, וְלֹא יִרְאֶה כִּי-יָבֵא חֶסֶם, וְהָיָה עֲלֵהוּ רֵעָנָו; (ירמיהו יז, ח)

שכינה, אם כל חי,
שלחי אורך ואמתך למנהיגנו
חזקי לבבותיהם שלא יתקשו
שיתמשו בכוחך כדי לדבר אמת ולפעול בצדק (ישעיהו טז, ג-ה)
מי יתן וכל יושבי הארץ יחלקו בעושרה, ישגשו בחופש שתציע, ויהיו
מוגנים בחוקיה
מי יתן ואומה זו תשתמש בכוחה ובעושרה על מנת לקדם צדק, חופש
ושלום לכל יושבי תבל
מי יתן ונהיה חזקות ואמיצים
מי יתן ונהיה נועזים במעשי ידנו ועמוקות בחמלה שבלבנו
שנבחין מתי עלינו להקשיב ומתי עלינו לפעול
לעקור שנאה, גזענות, שוביניזם, אפליה, אלימות בכל צורה,

לחגוג את צלם אלוהים בפנים שונות המשתקפות בכל המגוון האנושי
לקבל את הזר ואת המהגרת, ולכבד את המתנות שמביא כל מי
שמבקשת מקלט והזדמנות בארץ זו, כפי שהיה מאז לפני שאומה זו נולדה
וְיַגַל כְּמַיִם, מִשְׁפָּט; וְצִדְקָה, כְּנַחַל אֵימָן
(עמוס ה כד)

Hebrew by Rabbi Noa Sattath

Online Meditation

If you'd like to participate in the Institute for Jewish Spirituality's daily midday online meditation, you can find information about it [here](#) (or, for those of you who are Facebook users, [here](#)). *M-Fr 12:30-1:00 pm (Weds. 12:30-1:15 pm)*; running through March 27. [MORE DETAILS & RESOURCES HERE](#)

Egalitarian Morning and Afternoon Minyan

For those who want to join a daily traditional egalitarian morning minyan, CBST Board Member Harold Levine highly recommends the Zoom service at Sutton Place Synagogue. CBST Member David Shmidt Chapman is the rabbinical intern there.

- 8:00 am Morning Minyan (Monday through Friday) will be accessible by Zoom: <https://zoom.us/j/983632710>; Phone: +1 646 876 9923; meeting ID: 983 632 710
- 5:45 pm Afternoon Minyan (Monday through Thursday) will be accessible by Zoom: <https://zoom.us/j/400624092>; Phone: +1 646 876 9923; meeting ID: 400 624 092

JOB LISTING: Director of Development, CBST

Applications will be reviewed on a rolling basis until the position is filled.

Reporting to the Executive Director and working closely with the Board President, Senior Rabbi, and the Development Chair(s) and Committee, the Development Director is responsible for designing, implementing, and leading a sustainable development strategy to support CBST's many ambitious goals for today and for securing its financial health for the future. Development is an essential and integral part of CBST and is interwoven with everything the synagogue does to support its mission. **To apply online, visit <https://app.trinethire.com/companies/22607-cbst/jobs>**

The Coronavirus (COVID-19) and CBST: Scheduling Updates as of March 20

Events that are OPEN TO ALL

- **3/23-3/26, 10 am: Psalm Study:** Rabbi Kleinbaum will lead a 45-min. study on a different psalm each day, starting with Psalm 1. Have a translation with you. No Hebrew required. We'll end with a healing prayer and an opportunity to shmooze. The Zoom link is the same every day!

ZOOM INFORMATION: <https://zoom.us/j/513468144>

Meeting ID: 513 468 144; Dial by phone: +1 646 876 9923

RECORDINGS OF PSALMS CLASS (click the date): [3/17](#), [3/18](#), [3/19](#)

- **Pesach Class with Rabbi Moskowitz, 3/23-3/26, 6:30-7:15 pm:** Join Rabbi Moskowitz for teachings on Pesach.

ZOOM INFORMATION: Join Zoom

Meeting: <https://zoom.us/j/238671634>

Meeting ID: 238 671 634; Dial by phone: +1 646 876 9923

Events that require registration *If you are registered for these classes, we'll communicate with you directly about how to access them.*

- 3/24, 6:30 and 7:45 pm: Lehrhaus Adult Education classes
- 3/25, 6:00 pm: Pro Se Clinic -- teams will work remotely
- 3/27, 5:00 pm: Gerut Class
- 3/29, 1:15 pm: "Care-Being" Text Study & Support Group

Postponed/rescheduled events

- "Care-Being" Text Study & Support Group: moved to Sun. 3/29, 1:15 pm Cooperberg-Rittmaster Rabbinical Intern Deborah Megdal will lead a group for caregivers, in all the forms that we care for those we love. We'll study one text each session & open up about our joys, struggles, & fears.
- Neshama Carlebach at CBST: postponed to May 8, 6:30 pm
- Pro Se Immigration Clinic Volunteer Training: new date TBA
- Yom Iyyun (Day of Learning): Aging Begins at Birth!: new date TBA
- Muslim History Walking Tour: new date TBA

Events with status to be determined

- 3/28, 10:00 am: Limmud b'Shabbat (K-8th grades)
- 3/28, 11:45 am: Alef-Bet Shabbat: [facebook.com/tkiyamusic](https://www.facebook.com/tkiyamusic)

Cancelled events

- 3/21 and 3/28: Shabbat morning services
- 3/21: Kiddush Lunch
- 3/25: RUSA
- 3/25: CBST Chorus rehearsal
- 3/25: Traditional Egalitarian Minyan
- 3/26: Trans, NB, & Gender-Nonconforming Torah Study Group
- 3/30: Gay Like Me Reading with Richie Jackson
- 4/4: Down the Nile: A Passover Aggadah Adventure
- 4/24-4/26: Congregational Retreat

Cool things happening online in the community

- [Temple Emanu-El Streicker Center free online classes](#)
- [National Yiddish Theatre Folksbiene free broadcasts](#)
- [Nightly Metropolitan Opera livestreams](#)
- [300,000+ books available to download from the New York Public Library](#)

Zoom Instructions

Zoom is a free technology for calling and videoconferencing. You do not need a personal Zoom account to use it. You can use Zoom on your desktop computer, iPhone, iPad, Android phone, or Mac.

Overall Guides

- Zoom has step-by-step instructions on how to use it [here](#).
- [This](#) is also a good guide to using Zoom.
- [This](#) is the simplest video on how to “join a meeting.”

Video and Microphone

- If your computer has a camera, you can participate by video (or audio only).
- If you want to talk, you must have a microphone or call in on the phone.

Basic Requirements and Directions

- Directions [if you want to use Zoom on Windows \(PC\) or Mac](#).
- [You can download the app here](#) for your computer.

On Your Phone

- On your iPhone or Android, download the app from the App Store/Google Play - search for Zoom Cloud Meeting and download the app.

Once you are on the Zoom class/conference/meeting--with or without video, on your phone, tablet, or computer:

- Make sure you are in a relatively quiet place. If you talk to someone else when you are unmuted, we can hear you.
- Consider earphones or headphones.
- In a large group, we will mute you.

Advanced Instructions

- [Here are directions](#) for how to “raise your hand” on different platforms.
- [Here are directions](#) on how to use the spacebar to unmute in large groups.

Sponsorships

Kabbalat Shabbat Livestream Sponsored by

Staci Assael today I honor the memory and the souls of my parents, Nathan and Mona Ehrlich, z”l. I see their unconditional love, compassion, and kindness always in the faces of my children.

Paul Sebolsky, Kevin Bogue, and Nettie Sebolsky in memory of Paul’s father, Hyman Sebolsky, z”l.

The Starr Pellegrino Family to our CBST community, may we all still worship together in health and safety from our couches!

Carol Feinman

Livestream Supported by

Mitch Bloom in celebration that the CBST community can still have Shabbat services together.

Fran Dunkel, Leslie Bernstein, and Emily Bernstein Dunkel in memory of Karl Dunkel’s fifth yortzeit.

Jesse Katz and Gwynn Galitzer in honor of the CBST Staff, Clergy, & Board who supported us during this challenging week. Thank you so much! The chicken is healing us! Love, Jesse & Gwynn

Noreen Dean Dresser

Ora Ezrachi

Rosanne Leipzig

Stephen Lipmann

Bimah Flowers sponsored by David Wine & Michael MacElhenny

To sponsor an oneg or kiddush, please contact Ruth at giving@cbst.org or 212-929-9498, ext. 815.

Thanks to: Better Events Sound Technician · our Facilities Staff Jorge Loyola, Teresa Gutiérrez, Russell Enmanuel, & Pablo Crespo · Members & Friends who serve as greeters · Shabbat sponsors & donors.

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